

Badass Body Diet 6 Weeks Slim Down Weight Loss Challenge Burn Fat And Boost Metabolism Fast Forever By Changing Life Habits You Are A Badass

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Christmas Abbott: The Badass Body Diet Video: Christmas Abbott: The **Badass Body Diet**.

Week 2 BBX (Badass Body Diet) 1fitmermaid@instagram Week 2! I surprised myself making it this far. The program is challenging, but also very accessible for every fitness level. I also did ...

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